



# Jamboree Heights State School

*Learning for Life*

## BRAVEHEARTS – DITTO'S KEEP SAFE ADVENTURE SHOW

Dear Parents/Caregivers

Your child will soon have the opportunity to experience Bravehearts' personal safety education program, *Ditto's Keep Safe Adventure Show*. This year's show is aligned with the new version of the Australian Curriculum and includes new songs, new content and new characters.

Bravehearts' Ditto show teaches personal safety, aiming to reduce the incidence of child sexual assault as well as other forms of abuse, including family violence and bullying.

The show is underpinned by the following six principles of personal safety:

- Differentiating 'yes' and 'no' feelings
- Recognising the body's 'warning signs'
- Identifying 'private parts' and 'privacy'
- Helping children identify language and feelings associated with secrets
- Reinforcing that there is no secret that children cannot tell someone
- What to do if you feel unsafe or unsure.

The Ditto show is a live, interactive performance starring Bravehearts' mascot 'Ditto'. It includes song, dance, and easy-to-remember messages about personal safety. These songs and messages were written by Bravehearts' professional educators and child psychologists and are developmentally appropriate for your child's age group.

As part of the program, children are each given a Ditto's Keep Safe Adventure activity booklet to work on at school and then take home. We encourage you to look at the booklet with your child, using the activities to help cement the personal safety messages from the show.

**Date of Show:** Wednesday 15<sup>th</sup> May 2024

**Times:** Prep – 9:00am, Year 1/2 – 10:00am and Year 2/3 – 12:00pm

**Location:** Jamboree Heights State School Hall

**Permission:** QParents due Tuesday 7<sup>th</sup> May

**Cost:** \$11.00 due Tuesday 7<sup>th</sup> May

Inara Wesche  
Guidance Officer

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